Join Us

Stanford Health Library presents lectures of Stanford physicians and researchers discussing current and emerging research on a variety of health topics.

Stanford Health Library provides evidence-based medical information to help people make informed decisions about their health and healthcare.

January – March 2019
Thursday, January 17 • 7:00 pm
Pelvic Health Following Delivery
Presented by Stanford Health Library

The muscles of the pelvic floor come under great strain during pregnancy and delivery. This talk will address the importance of pelvic health, how it can be changed by pregnancy and delivery, and how to regain pelvic health after your baby arrives.

Kavita Mishra, MD, FACOG, FPMRS
Clinical Assistant Professor of Urogynecology & Pelvic Reconstructive Surgery, Stanford University School of Medicine

Thursday, February 28 • 7:00 pm
Solving Medical Mysteries at the Stanford Center for Undiagnosed Diseases
Presented by Stanford Health Library

The Stanford Center for Undiagnosed Diseases was founded by Stanford Medicine physicians as a resource to help patients with serious, unexplained symptoms find a diagnosis to inform their care. As a clinical site in the NIH Undiagnosed Diseases Network, the Stanford Center provides access to expert clinicians and cutting edge diagnostic testing that often is not available outside the research setting.

Jon Bernstein, MD, PhD
Associate Professor of Medicine, Pediatrics and Genetics, Stanford University Medical Center

Thursday, March 21 • 7:00 pm
Innovations in Treating Hearing Loss
Presented by Stanford Health Library

Hearing loss is the third most common health problem in the US impacting quality of life and relationships for those who suffer with it. This talk will address the types of hearing loss and new and emerging treatments for them.

Peter Santa Maria, MD, PhD
Assistant Professor of Otolaryngology (HNS) at Stanford University Medical Center

For more information and additional programs, visit our website http://healthlibrary.stanford.edu. Videos of past lectures are available at: http://tinyurl.com/shcvideos