**Ethyl Estradiol (ETH in il es tra DYE ole)**  
**Patient Education**

**US Brand Names:** Activella®, Angeliq®, Estrace®, Femtrace®, Femhrt®, Prefest®  
**Therapeutic Category:** Hormone therapy

**What is this medicine used for?**
- Used in the treatment for hormone sensitive breast cancer and prostate cancer.

**How does it work?**
- This medicine produces direct hormone effects in your body. Hormone effects may prevent cancer cells from growing.

**What should my doctor or nurse know before I take this medication?**
- If you are allergic to any medicines.  
- If you are taking other over the counter or prescription medicines, including vitamins and herbal remedies.  
- If you are taking a blood thinner (warfarin).  
- If you have liver problems.  
- If you have heart disease.

**How is this drug given?**
- This medicine is taken by mouth.

**What are the general precautions when taking this medicine?**
- Talk with your doctor or nurse before taking aspirin, aspirin-containing products, over the counter or prescription medications including vitamins and herbal remedies.

**What are the common side effects of this medicine?**
- Anxiety, dizziness, headache, insomnia, irritability.
Breast enlargement, pain or tenderness.
- Nausea.
- Darkening of the skin color, especially of the nipple and areola.
- Blood clots.
- Increase in the fats (lipids) in the blood.
- Increase in migraines.
- Fluid retention (edema).
- Increase in heart attack risk, especially in women who also smoke cigarettes.

**Danger signals to report immediately to your doctor or nurse:**

- Feeling extremely tired, weak, dizzy or light headed.
- Increase in thirst and urination.
- New change in vision.
- New chest pain.
- Swelling in ankles, calves, or legs.
- Pain in the calves or legs.
- Sudden onset of shortness of breath.

**How should I store this medicine?**
Keep all medicine out of reach of children and pets.
Consult your pharmacist for instructions on storage and disposal of this medication.

**What do I do if I miss a dose?**
If you miss one or two doses, simply resume the medication at the next dose. If you miss more than two doses, contact your doctor or nurse.

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