Post Transrectal Prostate Biopsy Instructions
Patient Education

You had a prostate needle biopsy performed under ultrasound guidance. There is some risk of infection as this procedure is not performed under sterile conditions. You were given an antibiotic tablet prior to the procedure to help prevent an infection. Please avoid any strenuous physical activity for at least 4 days following the biopsy. Drink plenty of water. If you have pain or discomfort, you can take acetaminophen (Tylenol) as directed. Do not take aspirin or ibuprofen products for 4 days after the biopsy. These drugs increase the risk of bleeding.

Expected side effects after your biopsy:

- Slight blood streaks in your stools for a few days.
- Blood in your urine for up to 2 weeks.
- Blood in your semen for up to 8 weeks.
- Mild pain in the pelvic area for up to one week.

**Please report any of the problems listed below to your doctor immediately:**

- Fever greater than 100.5°F Fahrenheit within 5 days of your biopsy.
- Extreme weakness with shaking chills, especially with fever.
- Excessive bleeding, including frequent bloody diarrhea stools.
- Increase in pain.
- If you feel a sensation of a full bladder but you cannot urinate or you are urinating many times in small amounts.

To speak with your doctor or nurse, please call the Surgical Urology Practice at Stanford at 650-725-5544. For evenings after 4:30pm, holidays, and weekends, please call the Stanford Hospital Operator at (650) 723-6661 and ask for the Urology Resident On-Call to be paged.

The results of your biopsy should be available in about 5 business days. We do our best to call patients as soon as it is complete, though you may call our office at any time.

Thank you for choosing the Surgical Urology Practice at Stanford.